



Essendon & Epping Forest Dressage Group

Newsletter

DECEMBER 14, 2009

WWW.EEFDG.ORG

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Letter from the Chair

As we near the end of the year, it's time for your busy committee to have a short breather before the season starts again in the New Year. I would like to give my appreciation for all of the work that they do and commitment they show to making sure that everything runs smoothly and professionally.

Whether it is all the work associated with running almost 20 shows of all different levels during the year, organising teams and the myriad rules that involves; running clinics, maintaining membership information, updating the website, finding sponsors and keeping magazines updated with results or the newsletter itself, everyone makes a massive contribution, often with little recognition.

I would also like to welcome the latest committee member, Rachel Kellett who is taking over the newsletter. We look forwards to a long and happy involvement. If you have any items for the newsletter please send them to Rachel (rachel@bowervale.wanadoo.co.uk) and if you have something for the website please send to me. The website will be updated as soon as my computer is restored!

The next club event is a free (to members) demo by Annabel Jenks on the subject of understanding how the horses' muscles work with correct and incorrect training which will take place in conjunction with the AGM which will be held on Sunday 24th January at Woodlands starting at 2pm. More information in this newsletter but please come along to give us your suggestions for improvements or ideas for the club

More information will also follow regarding the winter Riding Club qualifiers. The dressage event will take place at Norton Heath with the finals at Hartpury in Glos on fabulous surfaces. In addition there will be a Riding test class for which the final is at Royal Windsor and the junior & senior winners will receive a 5 day trip to the World Equestrian Games in Kentucky. Full details are in the latest BRC Rider magazine and later in this newsletter. We will hold a qualifier for the riding test, if there is interest, on 24th January before the AGM. If you are interested please let one of the team managers know asap

From all of the committee, we wish you a very happy Xmas and a successful 2010.

Kim Ratcliffe

Team Friendly – 27 November 2009

EEFDG fielded three teams at the Essex Liaison Clubs "friendly". There was a great team spirit and the team proudly fielded the new team logo numnahs which looked very striking.

Our Junior team did very well and their individual placings were : - Amy Adamthwaite (5th on 58.8%) , Ashleigh Silk- Jones (3rd on 62.8%) – both at prelim, Natalie Roberts (5th on 60%) and Carly Woodgate (1st on 65.83%) both at Novice. Overall the team were placed 3rd. Natalie is still having to put up with her Mum's horse, and is now very relieved to have been offered a ride on someone else's horse who is a little less enormous!

Pirouette team just missed out on a team placing, they were : - Rachel Roberts (68.8% at prelim), Teresa Langley (63.33% at Novice), Cyndy Johnson (62.5% at Novice and placed 3rd), and Anne Wilcox (62% at elementary and placed 8th.) A special mention goes to Cyndy who did so well, and had just fallen off her other horse that morning, arriving late, aching all over but nonetheless in fighting form!

Passage team also rode some lovely tests but missed out on placings, they were:- Rachel Kellett at prelim, Dawn Jones and Naomi Kember at Novice and Tracey Clark at Elementary. A big thank you goes to Rachel Kellett who put in the order for the numnahs and stayed to help the team manager load her 2 horses at the end so no one was stranded!

Many thanks to everyone who represented the club.

Rachel Roberts

Horse Welfare advisors

The Horse Welfare Advisors scheme was set up some years ago with the aim of having at least one qualified person in each Riding club. I was a HWA for Charville Riding Club until it closed last year and then joined EEFDG. You may be wondering what a HWA does. I am a point of contact for any questions about horse care or welfare. If I don't know the answer to your questions I will try to find out or find someone who can help you.

In October I attended a refresher course at Moreton Morrell followed a couple of weeks later by a joint Riding Clubs and BHS Welfare Conference at Hartpury. The Conference this year was very recession aware and topics included what to do if you can't afford to keep your horse, cutting costs, worming (we are sponsored by Equest), provision for your horse in your will, natural balance shoeing and responsible breeding.

The BHS is launching a Responsible Breeding Campaign. It is trying to persuade people not to breed from unsound horses or those with genetic problems which may be passed on including sarcoids and parrot mouth.

At a club level over the years I have been asked about many things including what to wear for a particular discipline, feeding, worming, finding a good trainer or livery yard.

Please contact me for help or a confidential chat on these or other matters.
Martine Lambert 01923 251163 and 07958 931336 bmkm@dsl.pipex.com

Want to ride at the Royal Windsor Horse Show and go to the WEG in Kentucky?

Well all this could be made possible with a new competition run by British Riding Clubs aimed at grass-roots level riders.

This is an individual, NOT team, competition with both junior and senior classes. It is a Riding Test competition – this is basically a standard dressage test but with more emphasis on the rider, with the judge looking more at position and presentation of the test than just the way the horse is going. This means you do not necessarily have to be riding a flashy moving warmblood to do well. The test being used is Riding Test 6 which is a prelim-novice level test. It is open to horses and ponies with 0 – 60 BD points. Riders who are qualified BHSAI,II,I or FBHS, or who have passed their PC A Test in the last 10 years, are NOT eligible to compete. You **cannot** wear spurs in this competition. We are holding a first round on 24th January at Woodlands, before the AGM, and winners from this will go forward to the second round which is at Norton Heath on 13th February. The Championships are being held at the prestigious Royal Windsor Horse Show, held at Windsor Castle in May 2010.

There are also individual showjumping championships with novice and intermediate classes for both juniors and seniors. Again aimed at true amateurs, the novice is for riders who have won no BSJA money and the intermediate for riders who have won less than £175 in the last 5 years. These classes are being run as Top Score competitions and as the dressage the second rounds are at Norton Heath and the finals at Royal Windsor. Although we are not planning to run a jumping qualifier, you can join in qualifiers being run by other clubs so if anyone is interested please contact Emma for details of where qualifiers are taking place.

The really exciting bit is the prize for the 6 Champions: an **all expenses paid trip to the World Equestrian Games in Kentucky, USA!** The prize includes flights, transport, hotels and meals, plus tickets to the games themselves and a special gala evening in Lexington where your trophies will be presented. For the junior champions the prize will also be offered to their parent/guardian. This really is a once-in-a-lifetime opportunity for true amateur riders and the Club has a good record in Riding Test classes, including an individual champion at Lincoln this year. So why not give it a go?

Please contact Emma Wakefield at emmaequus@btconnect.com if you have any queries.

There is an entry form attached for those who wish to have a go at the first round on 24th January.

AGM and Demonstration

Full details of the club's AGM are at the end of this newsletter. This year it will be held on 24 January at 2pm at Woodlands, Chingford.

After the official business of the AGM there will be a demonstration, free for all members, from Annabel Jenks, our local Osteopath and successful Dressage rider. Annabel will be discussing anatomy and movement and how the rider affects the horse.

She will need two volunteer horses for the demonstration, one in hand and then one horse and rider combination.

If you are willing to be a volunteer then please contact Kim: [*addie37@hotmail.com*](mailto:addie37@hotmail.com)

Summer Series Championship show

The full results are available on the EEFDG website. Congratulations to all the summer champions for 2009!

Prelim

Joint winners of the Charkham cup
Angela Slater and Rachel Kellett

Novice

Balcombe Shield – Dawn Rowley

Elementary

Czarina elementary cup – Liz Green

Pick a test Junior

RV Jenner Memorial Cup – Emma Slater

Pick a test senior

EDRC Challenge Rosebowl – Cyndy Johnson

Winter Series Results

The very popular winter series has had two shows already, with a really great turnout on both days. As a club we are particularly proud to be able to offer classes from walk and trot right up to GP through the pick a test class.

All of these shows run as qualifiers for the championship show in April. Full details of placings and who has qualified are available on the website by clicking [here](#).

Branded clothing

You can now buy the following wonderful EEFDG logo on clothing.

EEFDG saddle cloths – in white for competition, or in a colour of your choosing for training. You can choose the quality of the white dressage squares from cheap ones at £17, Premier Equine (lovely high wither and next day delivery) for £28 and Eskadron for £35 (these are ordered from Germany so you need to allow 14 days delivery). For consistency of style and image, we recommend that the embroidered writing is in dark green.

The club has a set of saddle cloths, enough for 3 teams, for use at team competitions

Equi-theme fleeces with a small logo on the front and a big logo on the back. The black or chocolate fleeces look very smart with the writing in gold. The sizes are extra small, small, medium, large or extra large. These cost £30.

Equi-theme jackets with a small logo on the front and a big logo on the back – in either black, chocolate or khaki – with writing in either gold. The sizes are

small, medium, large or extra large. These are reasonably priced.

For an extra £2, you can add your name or your horse's name.

Postage and packing is £2 per item.

There are more items, eg polo shirts, jackets, horse rugs on the website:

<http://www.sewequestrian.com/>

Please contact Celia directly at Sew Equestrian to place your order on 01489 890 405 or info@sewequestrian.com stating it is for EEFDG

Forthcoming Show Dates at Woodlands

DATE	EVENT
Sunday 7 th February 2010	Club 3 rd winter Q
Sunday 28 th February 2010	Affiliated
Sunday 7 th March 2010	Club 4 th winter Q
Weds 10 th March 2010	Affiliated
Sun 21 st March 2010	Affiliated
Sunday 11 th April 2010	Training show
Weds 21 st April 2010	Affiliated
Sun 25 th April 2010	Winter Championships
Weds 27 th October 2010	Affiliated
Weds 17 th November 2010	Affiliated

WHO TO CONTACT

Please feel free to contact a member of the committee for more information

Chairman: Kim Ratcliffe - addie37@hotmail.com
19 Churchgate, Cheshunt, Herts EN8 9NB - 01992 424319

Club Secretary/Affiliated Shows: Heather Lonsdale - hlonsdale@efdg.org
Brooklands, Broad Green, Steeple Bumpstead Suffolk CB9 7BW - 07968 809591

Show Secretary: Laura Vandervleit - lauravandervleit@talktalk.net
4 The Poplars, Abridge, Essex RM4 1BB - 07533 825502

Secretary: Kay Symons - tizzy.symons@yahoo.co.uk
61 St Georges Street, Enfield EN1 4TY – 0208 482 0390

Treasurer: Avril de Solla - avril@desolla.freeseve.co.uk
1 Ambleside Crescent Enfield Middx EN3 7LZ - 07860 195083

Clinics: Naomi Kember - naomikember@hotmail.co.uk
54 Firs Lane London N21 3HX - 020 8360 6950

PR/Marketing: Marina Harley - peterandmarina@btinternet.com

Website: Liz Green - liz@72dotsperinch.co.uk

Newsletter: Rachel Kellett – rachel@bowervale.wanadoo.co.uk 07773787484

BRC Teams: Emma Wakefield emma@ewakefield.fsbusiness.co.uk
Rachel Roberts rplroberts@live.co.uk
Donna Antoniou chantilly131@aol.com

ESSENDON & EPPING FOREST DRESSAGE GROUP

We're on the Web!

www.eefdg.org





NOTICE OF ANNUAL GENERAL MEETING

TO BE HELD ON SUNDAY 24th January 2010
At Woodlands Stables, Sewardstone Road, Chingford, London E4
Commencing at 2pm
To be followed by a lecture demonstration free to Members

AGENDA

1. CHAIRMAN'S REPORT
2. TREASURY REPORT
3. ELECTION OF COMMITTEE MEMBERS
4. PROPOSED AMENDMENTS TO CLUB RULES AND CONSTITUTION
5. MEMBERS FEEDBACK
6. ANY OTHER BUSINESS
7. PRESENTATION: ANNUAL BADGES TO TEAM MEMBERS
8. CLOSE MEETING

The current Committee were co opted onto the new merged club having been on the Committee of either Epping Forest Dressage Group or Essendon District Riding Club. The Committee Members willing to remain on the committee will put themselves forward for election at this AGM.

We are always looking for Club Members interested in joining the Committee, anyone interested in being proposed should complete the slip below and return it to: Heather Lonsdale, Brooklands, Broad Green, Steeple Bumpstead, Suffolk CB9 7BW by Friday 15th January 2010

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Election of Officers AGM Sunday 24th January 2010

I would like to be put forward for election to the EEFDG Committee at the AGM

NAME.....

ADDRESS.....

.....
CONTACT TELEPHONE NUMBER.....

**Riding Test (RT 6) Qualifier Sunday 24th January 2010
At Woodlands Stables
Members Only**

Name (please state Junior or Senior)

Horse's Name

Home Address

Telephone Number

Entries to Kim Ratcliffe 19 Churchgate Cheshunt Herts EN8 9NB by 18th January 2010
Entry fee £8 per test payable to EEFDG